



SREE KRISHNA COLLEGE GURUVAYUR



UNIVERSITY OF CALICUT

NATIONAL SERVICE SCHEME

UNIT 190

PROPOSAL FOR BEST NSS VOLUNTEER AWARD 2022 - 2023



NANDANA RAJEEV P

HIGHLIGHTS OF MY NSS JOURNEY.

1

Planted 400+ palmyra seeds and diverse plants, contributing to sustainable development through environmental conservation and fostering biodiversity for a greener, healthier future.

2

Distributed 733 food packets during my secretary service, aiding the needy and addressing hunger challenges for a stronger community bond.

3

Completed over 20 home care visits, actively participating in tele home care during the challenging COVID period, providing vital support.

4

Served as NSS resource person, training volunteers in skill-based sessions and conducting classes for Swayam Flagship program across multiple colleges.

5

Cultivated over 30 kg of vegetables, generated vermi compost, promoting a healthier society through sustainable farming practices and community well-being.

6

Honored with Haritha Mithra Award as Thrissur's best student environmental activist, recognizing dedication to fostering ecological awareness and sustainability.

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1. Introduction

I am Nandana Rajeev P, a dedicated National Service Scheme volunteer who embarked on this transformative journey during the academic year 2021-2022 at Sree Krishna College. Engaging in a myriad of activities aimed at societal betterment, my involvement has spanned across diverse realms, including environmental initiatives, women empowerment, palliative care, anti-narcotic campaigns, and extensive cleaning endeavours.

Throughout my inaugural year as a volunteer, I actively participated in numerous activities while also taking on the responsibility of coordinating some programs. This commitment and enthusiasm were recognized, leading to my promotion as the NSS Volunteer Secretary for Unit 190. As the newly appointed Volunteer Secretary for the academic year 2022-2023, I embraced the role with zeal and spearheaded various initiatives under the guidance of esteemed programme officers.

A highlight of my tenure includes the successful coordination of multiple programs, with a particular emphasis on environmental sustainability. I took the initiative to plant over 200 palmyra seeds in the coastal region, contributing to the ecological well-being of the area. Additionally, my active involvement in the Ashwas Tele home care activities and the coordination of a Two-Day Residential Camp at Sree Krishnapuram underscored my commitment to the diverse facets of community service.

Beyond the tangible accomplishments, my journey as an NSS Volunteer Secretary has significantly contributed to my personal growth. The experience has nurtured qualities such as discipline, bravery, coordination, organizational skills, and punctuality. I have emerged from this role with a deeper understanding of societal issues and a heightened ability to formulate effective solutions.

Being an NSS volunteer is a source of immense pride for me. I firmly believe that my

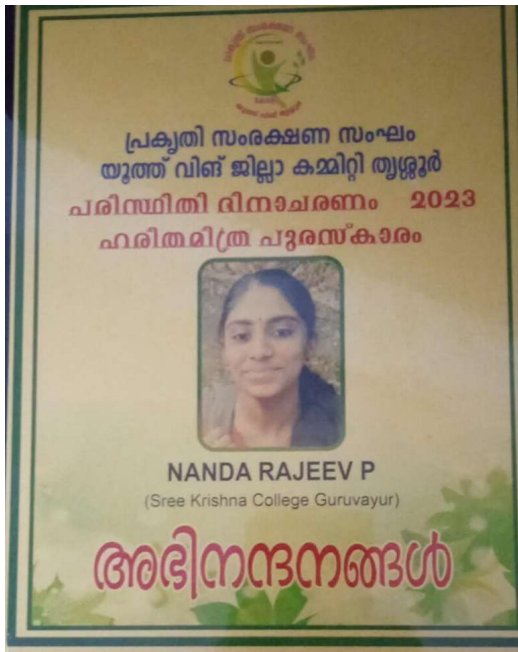
role extends beyond personal development; I am an integral part of nation-building. My experiences have equipped me not only with the knowledge of societal challenges but also with the determination and skills required to contribute meaningfully to their resolution.

In conclusion, this nomination for the Best NSS Volunteer Award serves as a testament to my unwavering commitment, proactive participation, and transformative impact within the NSS community. I am confident that my journey as an NSS volunteer reflects the essence of the organization's values and contributes positively to the overarching goal of nation-building through selfless service.



In selfie booth of NSS Bio Diversity Park

2. A Proud Achievement: Haritha Mithra Award



I am thrilled to share that I, along with my fellow NSS volunteers, have been honoured with the prestigious Haritha Mithra Award. This accolade acknowledges our outstanding contributions as the Best Student Environment Activists in Thrissur District. The recognition serves as a testament to our commitment and efforts in environmental activism through NSS initiatives. It reflects the impact of our collective dedication to creating a greener and more sustainable community. Receiving the Haritha Mithra Award is not just a personal achievement but a celebration of our shared commitment to environmental stewardship and the values instilled in us as NSS volunteers. This recognition motivates me to continue making positive contributions to the environment and reinforces the significance of our collective efforts in fostering a greener future.



3. ENVIORNMENTAL ACTIVITIES

Thalaphalam – Unique Project of NSS SKC

A Catalyst in Sustainable Development: Thalaphalam 3.0

As the NSS Volunteer Secretary and Volunteer Coordinator, I take immense pride in recounting the success and impact of the 'Thalaphalam' project during my tenure in the academic year 2022-2023. This prestigious initiative, led by NSS Units 190 & 191 at Sree Krishna College Guruvayur, focused on sustainable development through the planting of Palmyra trees. In my capacity as the Volunteer Secretary, I not only coordinated the programs effectively but also

assumed the role of a Volunteer Coordinator for this flagship project.



Thalaphalam: A Beacon of Sustainability:

Thalaphalam, deriving its name from the Sanskrit word for Palmyra fruit, symbolizes the environmental and economic significance of this remarkable tree. Over the course of three years, the project successfully planted 4000 Palmyra seeds, contributing substantially to environmental conservation and community welfare. The dedication and commitment of NSS volunteers in actively participating in hands-on activities during this period underscore our collective pursuit of positive change and personal development.

Palmyra Tree: A Symbol of Resilience:

At the heart of the Thalaphalam project lies the Palmyra tree, a symbol of resilience in nature. Renowned for its ability to combat soil erosion, thrive in salt-laden and arid conditions, and contribute to countering desertification, the Palmyra tree is not just a plant but a beacon of hope for sustainable living.

Thalaphalam 3.0 - Year 2022-2023:

My tenure as NSS Volunteer Secretary witnessed the initiation of Thalaphalam 3.0 on June 7, 2023. In the first phase, NSS volunteers planted 75 Palmyra seeds within the college campus premises, fostering a green and sustainable environment. Subsequently, on June 14, 2023, the second phase unfolded with the planting of 1432 Palmyra seeds at Panchavadi Beach, Thrissur. This momentous occasion was inaugurated by Sri. Anilkumar, Deputy Forest Range Officer, emphasizing the project's

regional impact and collaboration with local authorities.

Significance of the Thalaphalam Project:

Beyond its environmental contributions, the Thalaphalam project serves as a testament to the NSS Units' commitment to sustainable development. Systematically planting Palmyra trees not only addresses crucial environmental concerns like soil erosion but also empowers volunteers with valuable skills. This initiative fosters a profound sense of responsibility, leadership, and a commitment to both societal and ecological well-being among NSS volunteers.



In my dual role as the Volunteer Secretary and Volunteer Coordinator, I spearheaded the coordination of Thalaphalam 3.0, ensuring the seamless execution of the project's various phases. The success of this flagship initiative stands as a testament to the collective efforts and dedication of NSS volunteers in realizing our vision for a sustainable and environmentally conscious future. As I reflect on this transformative journey, I am confident that Thalaphalam 3.0 has left an indelible mark on both the landscape and the hearts of those involved, fostering a legacy of positive change and environmental stewardship.

Two-Day Residential Training Camp: Promoting Sustainable Future through Farming

As the enthusiastic coordinator of the Two-Day Residential Training Camp on Sustainable Future through Farming, held on December 16-

17, 2022, at Sree Krishnapuram in Palakkad, I am thrilled to share the impactful journey of this transformative event. Our primary goal was to raise awareness about sustainable agricultural practices and environmental conservation among NSS volunteers.



The camp commenced with the vibrant gathering of volunteers at the Pattambi bus stand, embarking on a journey to Palakkad Sree Krishnapuram. Upon arrival, the volunteers immersed themselves in activities, including a refreshing bath in a nearby pond. A highlight of the day was the insightful session by Jishnu, a trainer from the Energy Management Centre of Kerala, shedding light on energy conservation and the significance of renewable energy sources. An engaging hands-on activity followed, where volunteers prepared nutritious and organic food sourced from the surrounding forest. The day concluded with a cultural program and a valuable feedback session.



The second day began with a rejuvenating yoga session led by Sri. Shaji Chacko, setting a positive tone for the day. Volunteers participated in sessions on resource mapping, planning, and canopy management at Reji Joseph's place. Discussions on organic compost preparation and a field visit to a food forest led by Biji Ravi provided valuable insights and practical exposure. Sessions on live mulching, entrepreneurship in agriculture by Preetha, and

visits to food forests established by VTB College volunteers and Ajay Kumar showcased diverse agricultural practices.



Insights into corn field cultivation, irrigation methods, and a practical session on making Jeevamruth, an organic fertilizer, enriched the learning experience. The camp concluded with a thorough evaluation of activities and the distribution of certificates. Volunteers shared their feedback, expressing gratitude during the closing speech by the Program Officer, Dr. Midhun K S.



The camp successfully achieved its objectives by imparting knowledge on sustainable farming practices, energy conservation, and organic agriculture. Volunteers gained practical exposure, fostering a deeper understanding of environmental responsibility. The hands-on activities and field visits allowed participants to witness the impact of eco-friendly practices firsthand, contributing to the creation of awareness and instilling a sense of responsibility among volunteers towards building a more sustainable and environmentally conscious future. As the coordinator, it was gratifying to witness the positive impact of this camp on the volunteers' perspectives and practices.



NSS Biodiversity Park: Nurturing Green Dreams and Transforming Lives

As the NSS Volunteer Secretary for the academic year 2022-2023, witnessing the completion and evolution of the NSS Biodiversity Park at Sree Krishna College, Guruvayur, has been a source of immense pride and accomplishment. This project stands as a living testament to the incredible impact of community engagement in fostering environmental stewardship and holistic personality development.



Entrance of Bio Diversity Park

Under my leadership as NSS Volunteer Secretary, the daily engagement from 9:00 am to 9:30 am and 3:30 pm to 4:45 pm exemplified the volunteers' dedication to the park's upkeep and development. In 2022, the initiative expanded beyond the campus, giving birth to the NSS Biodiversity Park, encompassing nearby wastelands and incorporating various thematic sections.

The NSS Biodiversity Park now boasts several distinctive sections, each contributing to its rich tapestry:

Luscious Vendure (Miyawaki Forest): A dense forest using the Miyawaki method, promoting afforestation and biodiversity.



Walk through NSS: Narrating the history and achievements of NSS, fostering pride and awareness.



Abode of Nymphéas: A serene water garden promoting tranquility through aquatic plants.



Selfie Booth: A creative space for visitors to celebrate their connection with the park.

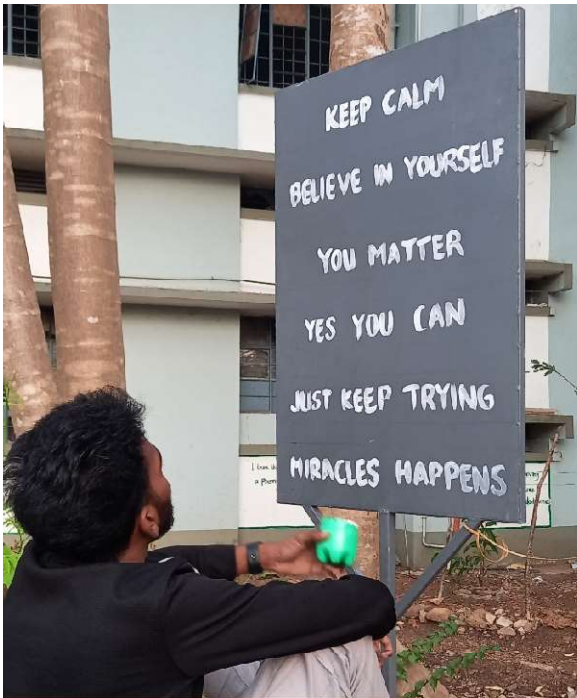
Orgavrudhi (Organic Farming): Promoting sustainable agricultural practices and educating about organic farming.



Find Thyself: Encouraging self-reflection and personal growth.



Composting Section: Promoting sustainable waste management practices through Bio Bin and Vermicompost units.



Yes! We are surrounded by Ecosystem: Educational area highlighting the significance of biodiversity and interconnected ecosystems globally.



Drops of Life: A water bowl supporting thirsty birds, fostering mindfulness about environmental responsibility.



Butterfly Garden: A vibrant garden attracting diverse butterfly species, showcasing the beauty of nature.



-Ashwas Memorial Inscription: Honouring NSS Volunteers for their tele-counselling activities during the pandemic.



Volunteers actively participate in diverse activities, achieving milestones like the successful growth of Palmyra plants and the flourishing of 152 trees representing 37 species. The park not only enriches the college campus but also instils responsibility and environmental consciousness in NSS volunteers, contributing to their holistic personality development.

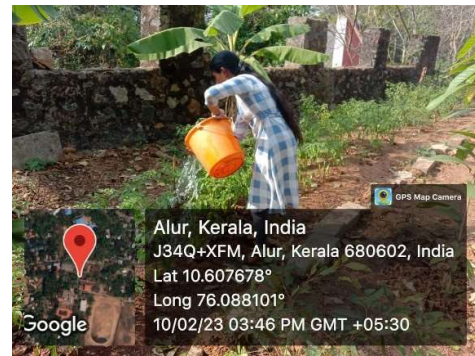
The NSS Biodiversity Park, with its diverse components and educational significance, stands as a green oasis, nurturing a community of environmentally conscious and socially responsible individuals. It is a beacon of transformation, beautifying the campus while fostering a deep connection with nature and community welfare.

Nurturing Sustainability: My Role as NSS Volunteer Secretary in OrgaVrudhi Program

As the NSS Volunteer Secretary during the academic year 2022-2023, I took on the responsibility of organizing the OrgaVrudhi program at Sree Krishna College Guruvayur, a flagship initiative of NSS Units 190 & 191. Being a B.Sc Zoology student, I integrated my knowledge into the program, particularly focusing on directing volunteers in the cultivation of organic crops and the production of compost.



OrgaVrudhi, to promote organic farming practices and sustainable agriculture. NSS volunteers, under my leadership, actively participated in cultivating crops like chillies, brinjal, ladies' finger, and bananas without the use of chemical pesticides and fertilizers.



In 2022, our efforts resulted in a harvest of 28.2kg of green chillies and brinjal across 21 phases. We distributed this produce to teachers, non-teaching staff, and the houses of volunteers, creating awareness about the benefits of organic farming. The success of the program was further highlighted through an exhibition and the sale of the harvested vegetables within the college.



We harvested a total of 34 kg (green chillies and brinjal) as 21 phases. We are serving this to the teachers, non-teaching staffs, villagers and also to the houses of volunteers.

Each phase is given below:

Chilli

Phase No	Date	Quantity
1	14.07.2022	600 g
2	02.08.2022	400 g
3	29.08.2022	600 g
4	12.09.2022	800 g
5	30.09.2022	1 kg
6	20.10.2022	1 Kg
7	02.11.2022	1 Kg
8	14.11.2022	1.5 Kg
9	24.11.2022	1.5 Kg
10	13.12.2022	1 Kg
11	21.12.2022	2 g
12	04.01.2023	1 Kg
13	14.01.2023	1 Kg
14	18.01.2023	1.5 Kg
15	25.01.2023	1 Kg
16	26.01.2023	1 Kg
17	04.02.2023	1 Kg
18	08.02.2023	2.5 Kg
19	13.02.2023	3 Kg
20	27.02.2023	2 Kg
21	13.03.2023	1.5 Kg
22	20.03.2023	2 Kg
23	28.03.2023	1 Kg
Total		29.9 Kg

Brinjal

Phase No	Date	Quantity
1	01.03.2023	2 kg
2	13.02.2023	1 Kg
3	20.03.2023	2 Kg
Total		5 Kg



Furthermore, the NSS units at Sree Krishna College took a significant step in waste management through the introduction of a bio bin and vermicompost units. These innovations, implemented with the guidance of Kerala Agriculture University Thrissur, showcased our commitment to sustainable practices. The vermicompost unit, inaugurated by the College Principal on November 24, 2023, not only contributes to waste management but also serves as a nutrient-rich fertilizer, aligning with NSS values of environmental consciousness and sustainable development.





My role as NSS Volunteer Secretary allowed me to witness the positive impact of OrgaVrudhi, not just in promoting organic farming but also in fostering a sense of responsibility, teamwork, and connection to nature among the NSS volunteers. This initiative, coupled with innovative waste management practices, has set a commendable example for sustainable development within the college and beyond.

Urjakiran Campaign



On December 22, 2022 NSS Volunteers of unit 190 & 191 Sree Krishna College Guruvayur conducted a class campaign at every class and made awareness about Urjakiran to save energy that we use in our daily life.

4. PALLIATIVE CARE ACTIVITIES

Transformative Impact of Tele Homecare: A Personal Journey as an NSS Volunteer (ASHWAS)

As an active NSS volunteer during the 2021-2022 academic year, my involvement in the Tele Homecare mission marked a significant chapter in my journey. Collaborating with the palliative care unit of Sree Krishna College and Kandanassery Panchayath, this initiative aimed to provide unwavering support and care to individuals affected by Covid-19 during the challenging pandemic period. My role in the Tele Homecare mission involved calling patients, providing counseling, and contributing to the overall well-being of those in need.

The mission spanned eight months, aligning with the onset of the Covid-19 pandemic. Engaging in tele-homecare calls, I actively participated in an official meeting on May 2, conducted via Google Meet, involving key stakeholders, NSS program officers, and fellow volunteers. Patients were assigned based on respective wards, focusing on understanding their challenges and providing crucial mental support.

The impact of the Tele Homecare mission was profound. It significantly contributed to reducing mental stress among Covid-affected individuals, serving as a vital support system during their quarantine period. The initiative successfully raised awareness about Covid-19, ensuring individuals were informed about the virus, preventive measures, and quarantine protocols. Importantly, the mission played a pivotal role in diminishing suicidal tendencies by offering emotional support and fostering a sense of community during this challenging period.

The commendable efforts of the Tele Homecare mission were recognized at an appreciation ceremony held on October 31 at Koonammoochi 'Satsang.' The NSS unit of Guruvayur Sree Krishna College, including myself and fellow volunteers, received accolades and a Consolation Prize. The ceremony, attended by key dignitaries and health inspectors, underscored the significance and impact of our contribution to the community.

During the ceremony, the President of Kandanassery Grama Panchayat, Smt. Mini Jayan, expressed gratitude, emphasizing that the contributions of NSS volunteers would not be forgotten. The event also highlighted the personal development journey of volunteers, including myself. Engaging in the Tele Homecare mission enhanced my communication skills, empathy, and social responsibility. It provided practical experience in crisis management, teamwork, and community engagement, fostering holistic development among us NSS volunteers.

In retrospect, my involvement in the Tele Homecare mission was not just a service to the community but a transformative experience that shaped my perspective, honed my skills, and deepened my commitment to societal welfare. As an NSS volunteer, the journey was a testament to the impactful role we can play in times of crisis and the lasting effects it leaves on both individuals and the community at large.

Home Care

One of the most impactful aspects of my involvement has been my participation in various home care duties, specifically focusing on providing care to bedridden palliative patients. Engaging in palliative care duties has been transformative, shaping my perspective on society, compassion, and the profound impact individuals can have on each other's lives.

Through these home care responsibilities, I've encountered the raw realities faced by bedridden palliative patients

and their families. The hands-on experience has allowed me to understand the significance of empathy, kindness, and the importance of community support. Witnessing the struggles and triumphs of these individuals has made me appreciate the resilience of the human spirit and reinforced my commitment to making a positive difference.



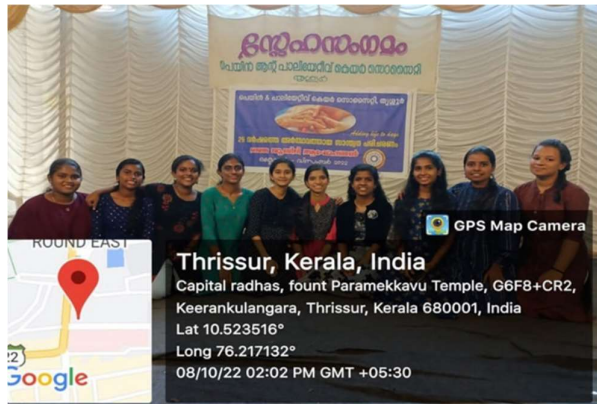
Participating in palliative care has not only made me more aware of societal challenges but has also deepened my understanding of the NSS mission to serve the community. It has instilled in me a sense of responsibility towards creating a compassionate and supportive society. These experiences have made me appreciate the power of human connection and the impact that volunteers can have on individuals undergoing challenging circumstances.



my active involvement in palliative care duties has been a defining element of my NSS journey. It has shaped my character, broadened my perspective on social issues, and fueled my dedication to community service.

Sneha Sangamam

As part of the Thrissur Pain & Palliative Care Society's Silver Jubilee celebration on October 8, 2022, SIP volunteers from Sree Krishna College participated in the "Sneha Sangamam" program. Engaging with patients and their families, volunteers brought joy through cultural activities, including 'Nadanpattu' and songs. Serving food with utmost politeness, volunteers interacted with patients, fostering a compassionate environment. This experience reinforced the importance of treating patients with dignity, establishing unconditional love, and positively contributing to their attitude and hopefulness for recovery. The "Sneha Sangamam" program, a delightful and satisfying experience, showcased the crucial role of love and compassion in building a successful society.



Kerala Palliative Care Day Observation

As an NSS volunteer, my active participation in the 2022-2023 program has been a transformative experience. Despite being a first-year volunteer, I overcame my hesitations by presenting in front of the entire college community. A notable event took place at Sree Krishna College on January 14, 2022, to commemorate Palliative Care Day. The event featured captivating folk songs at the College's Palliative Care Corner and the presentation of a short film through an online platform. Dr. P P

Santosh, a professor in the Zoology Department, inaugurated the program. Senior volunteers shared insightful experiences related to palliative care and its centers. I, as an NSS volunteer, also had the opportunity to share my own experiences with palliative care. The event saw enthusiastic participation from the entire student body and fellow NSS volunteers, fostering a sense of community and awareness.



Palliative Care workshop

Actively engaging in the program, I, along with 12 fellow volunteers from SIP Sree Krishna College, participated in the SAPC Palliative Care workshop. This enriching workshop, facilitated by Alpha Palliative Care, took place

at the Kerala Sangeetha Nadaka Academy Regional Theatre on March 16, 2022.



Our participation in the workshop served as a valuable opportunity to enhance our understanding of palliative care, a cause deeply aligned with the NSS ethos. The session not only broadened our knowledge but also equipped us with practical insights into compassionate caregiving. This experience has not only enriched my personal growth but also contributes to the NSS mission of fostering awareness and active engagement in socially relevant issues.



My active involvement in the program included attending the district-level Neighborhood Youth Parliament organized by Nehru Yuva Kendra on March 22, 2022.

5. ENTREPRENEURSHIP & SKILL BASED PROGRAMMES

SWAYAM

Empowering through Entrepreneurship: My Role as NSS Volunteer Secretary in Swayam Programme

As the NSS Volunteer Secretary, I take immense pride in the impactful journey of the Swayam program during the academic year 2022-2023. This flagship initiative of NSS Unit 190 & 191 at Sree Krishna College Guruvayur is designed to cultivate entrepreneurial skills among volunteers, empowering them for self-reliance. My involvement in this program not only strengthened my belief in the potential for self-reliance but also transformed me into a resource person, enabling me to share my skills and knowledge.



Under the Swayam program, volunteers undergo training to manufacture and sell various products, including Note Books, Paper Pens, Writing Pads, Dishwash Lotion, Toilet Cleaner, and Floor Cleaner. This initiative aims to equip NSS volunteers with valuable skills in product development, marketing, and sales, laying the foundation for their future success as entrepreneurs.

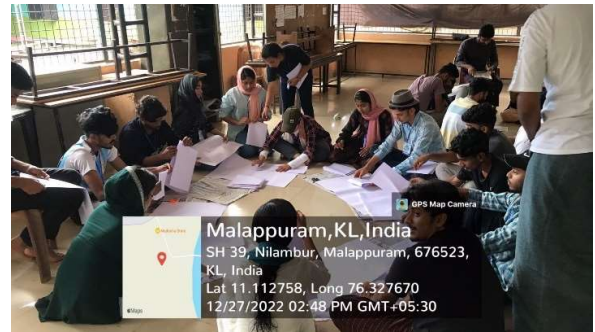


One of the most memorable aspects of my NSS journey was being part of the Swayam program's expansion beyond our college campus. Alongside a few volunteers, I served as a resource person, conducting sessions in various colleges such as KAHM Unity Women's College Manjeri, Najath College Karuvarakkundu, and Sree Vivekananda College Kunnankulam. These sessions, titled "Empowering Youth to be Self-Reliant," showcased our products—Notebooks, Paper Pens, Sanitary Lotions, and Cloth Bags. It was an enriching experience as we led workshops during their Seven Day Special Camp, sharing our expertise and witnessing the students' enthusiasm in learning and creating their own products.

The culmination of our efforts was the Swayam Exhibition held on February 2, 2023, at the College portico. The exhibition featured a diverse range of products, from Notebooks to Toilet Cleaner, each crafted with dedication and skill by NSS volunteers. The event was inaugurated by Dr. M K Harinarayanan, the College principal, and received overwhelming support from teachers, students, and non-staff members who not only appreciated the products but also actively participated by purchasing them.



Beyond the financial success of the program, Swayam has become a symbol of our commitment to community welfare and entrepreneurial spirit. The profit generated was allocated to the Vidyamithram project, reflecting our dedication to supporting financially backward students in their educational pursuits.



As I reflect on my role as NSS Volunteer Secretary and the impact of the Swayam program, it is clear that this initiative has not only enhanced the entrepreneurial skills of NSS volunteers but also contributed significantly to community engagement and societal well-being. This journey has been transformative, affirming the potential of NSS in fostering self-reliance, entrepreneurship, and a sense of responsibility among volunteers.

My Experience at the Three-Day Leadership Orientation Camp



As the NSS Volunteer Secretary, my journey into leadership took a transformative turn during the Three-Day Leadership Orientation Camp at M E S Ponnani College from December 9 to

December 11, 2022. This experience became a cornerstone in my understanding of NSS and volunteerism.

Inaugurated by the Vice Chancellor of the University of Calicut, Dr. M K Jayaraj, and State NSS Officer Kerala, Dr. Anser RN, the camp's primary focus was on nurturing leadership qualities and organizing NSS Seven Days camps. A session by a KILA professor delved into Kerala's environment and challenges, setting the tone for group tasks and activities that actively engaged volunteers.

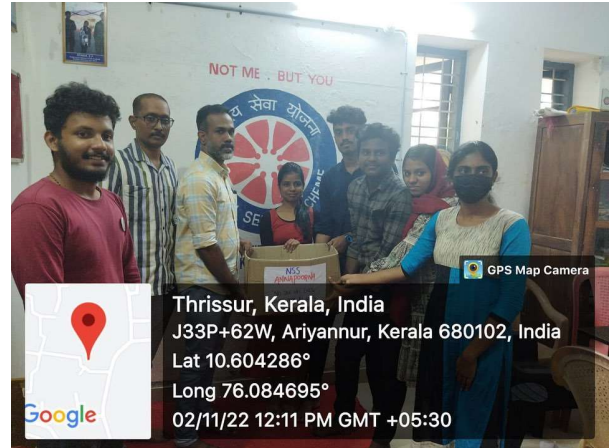
The second day brought an early morning exploration of a coastal village, coupled with cultural sessions and talent performances. Culminating in an orientation on conducting NSS Seven Days camps by Noufal, the District Coordinator of Malappuram, the camp provided valuable insights that enriched my perspective on leadership and NSS involvement.

This immersive experience broadened my understanding of the organizational intricacies of NSS and equipped me with practical knowledge on conducting impactful camps. It served as a pivotal juncture in my volunteer journey, shaping my leadership skills and instilling a deeper commitment to the NSS ethos of service and community engagement.

6. COMMUNITY DEVELOPMENT ACTIVITIES

Annapoorna: A Fulfilling Journey with Annapoorna: Nourishing Hearts and Souls

As the NSS Volunteer Secretary for the academic year 2022-2023, my leadership during the Annapoorna program was an enriching experience that exemplified our commitment to community welfare. Collaborating with NSS Program Officers, we orchestrated the seamless execution of Annapoorna, a flagship initiative of NSS Unit 190 & 191 at Sree Krishna College Guruvayur.



In my role, I took a hands-on approach to addressing hunger and malnutrition in Kandannassery Panchayath and Guruvayur Municipality, Thrissur District, Kerala. Learning to drive, I personally distributed food packets to the neediest individuals. Conducting class campaigns every Tuesday, we rallied the college community to contribute food packets. Every Wednesday, our volunteers collected and distributed these packets, making a substantial impact in the local community.



The Annapoorna program not only eradicates hunger but also fosters a sense of responsibility and community service. This initiative stands as a testament to the generosity of students and teachers at Sree Krishna College Guruvayur, collectively making a positive difference in the lives of those in need.

Under my supervision and alongside other secretaries, we successfully distributed 733

food packets to those in need during the year 2022-2023.

Phase No	Month	No. Food Packet
1	15.07.2022	38
2	12.08.2022	10
3	26.08.2022	20
4	10.06.2022	54
5	07.10.2022	25
6	12.10.2022	20
7	26.10.2022	45
8	02.11.2022	28
9	09.11.2022	20
10	16.11.2022	20
11	23.11.2022	22
12	30.11.2022	34
13	07.12.2022	20
14	14.12.2022	42
15	22.12.2022	27
16	04.01.2023	46
17	11.01.2023	26
18	19.01.2023	16
19	25.01.2023	26
20	02.02.2023	37
21	08.02.2023	39
22	15.02.2023	18
23	01.03.2023	20
24	08.03.2023	20
25	15.03.2023	20
26	22.03.2023	20
27	29.03.2023	20
Total		733

Empowering Minds: Vidyamithram in My NSS Journey

As the NSS Volunteer Secretary for the academic year 2022-2023, my leadership played a pivotal role in organizing Vidyamithram, a flagship initiative of NSS Unit 190 & 191 at Sree Krishna College Guruvayur. This program holds a special place as it aims to provide academic support to underprivileged students in Kandanassery Panchayat and the College,

effectively bridging the educational resource gap for those in need.



In 2022, our efforts began with a School Stationary Distribution drive on May 27. Jointly organized with NSS Unit 190 & 191, this initiative collected notebooks and school stationeries in the adopted village of Kandanassery, promoting volunteerism and community service. Witnessing the joy on the faces of the children receiving these supplies was a heartening moment, solidifying our commitment to fostering an inclusive educational system.

Following this, on August 26, NSS volunteers took the lead in collecting and categorizing past five years' question papers from all departments. The Question Bank Distribution aimed to provide students with valuable resources to prepare for their exams, empowering them to excel in their academic pursuits.

In 2023, on May 26, we continued our commitment by distributing study materials to 32 economically disadvantaged students from Kandanassery Panchayath. This comprehensive support included notebooks, instrument boxes, covering paper, water bottles, pens, name slips, and more. The program not only enhanced their educational resources but also instilled a sense of pride and dedication in NSS volunteers.



The appreciation received from Panchayat President Smt. Mini Jayan and Vice President Sri. Dhanan reflected the impact of NSS dedication to community development and service. Vidyamithram, under my leadership, has been a testament to the NSS commitment to fostering a just and inclusive local community, ensuring that every student, regardless of background, has equal access to educational opportunities.

One Day Orientation Programme on Accessible eBook Production for Visually Challenged Students:



On May 7, 2022, the NSS Unit 190 & 191 jointly organized a one-day orientation programme on accessible e-book production by Kamal Ram. The programme was aimed at providing the NSS volunteers with an understanding of accessible e-book production for Visually challenged students and its importance in making education accessible to all. The programme was attended by almost 25 NSS volunteers who were actively engaged in the orientation programme. The volunteers came from different backgrounds

and were interested in learning about accessible e-book production.

Neighbourhood Youth Parliament

As an NSS volunteer, my participation in the Neighbourhood Youth Parliament aligns with the NSS mission of fostering active citizenship and community engagement. Participating in this event was an enriching experience that allowed me to witness the democratic process in action. The district-level gathering provided a platform to exchange ideas, discuss pertinent issues, and engage in meaningful dialogue with fellow youth. This experience not only broadened my understanding of civic responsibilities but also instilled a sense of civic pride.



7. ADULT LITERACY & GENDER SESITIZATION PROGRAMMES

“Whether the dowry system exists in our society or not”

As part of the Women's Day celebrations, I played a vital role in the college-level debate competition held on March 2, 2022. The topic, "Whether the dowry system exists in our society or not," was thoughtfully chosen and aligned with the event's significance.

This impactful debate competition was organized by ICDS and the Department of Woman and Child Development, in

collaboration with the 190 & 191 NSS units of Sree Krishna College, Guruvayur. As a testament to the success of our event, the winners earned the opportunity to represent our college in the district-level competition at Law College, Thrissur, scheduled for March 4, 2022. This experience not only enriched my understanding of pertinent social issues but also allowed me to actively contribute to the empowerment and awareness initiatives championed by the NSS.



Discussions on to end violence against women and gender discrimination:



On December 2 2022, The NSS of Sree Krishna college Guruvayur & Dept. Of Women & Child Development jointly conducted discussions on to end violence against women and gender discrimination.

8. HEALTH REALTED PROGERAMMES

International Day of Medical Transporters

In my role as an NSS volunteer, I take pride in orchestrating a meaningful event for the International Day of Medical Transporters on August 20, 2022. The event, hosted by NSS Volunteers of Sree Krishna College, Guruvayur (Unit 190 & 191), was dedicated to honoring the dedicated ambulance driver, Sri. Anas, at Koonammoochi Cooperative Bank.

Volunteer Anusree V.A, under my coordination, played a pivotal role in welcoming attendees, setting a positive tone for the program. Volunteer Secretary Nandana Rajeev and Volunteer Secretary Megha K.M took on the responsibilities of honoring and presenting a memento to Driver Anas, respectively. The highlight of the event was Driver Anas sharing his experiences in the service and delivering a crucial message on safe driving and accident prevention, especially targeting the youth.



The event was not only a platform for honoring a dedicated professional but also an opportunity for our volunteers to gain insights into the sacrifices made by medical transporters. Anas's impactful words resonated with the volunteers, fostering a deep appreciation for the selfless service provided by individuals like him. The program concluded with a heartfelt vote of thanks delivered by Volunteer Ajini M.M.

As the coordinator, it was gratifying to witness the event's success and the positive impact it had on our volunteers. This experience reinforced the NSS mission of creating awareness, fostering appreciation for essential services, and instilling a sense of responsibility in the youth. I am honored to have played a role in organizing this event and believe that such initiatives contribute significantly to the NSS objectives.

Illuminating Awareness: World AIDS Day Rally 2022

As an NSS Volunteer actively coordinating initiatives, I spearheaded the Public Awareness Rally on December 1, 2022, in collaboration with the Primary Health Centre Kandanassery. The rally, directed to Koonammoochi center, aimed to educate the public on preventing HIV/AIDS. Banners, placards, and informational leaflets were utilized to convey crucial messages about HIV/AIDS prevention.



Post-rally, NSS and RRC volunteers gathered, symbolically lighting a lamp resembling an AIDS badge. Taking a pledge, we committed to contributing to HIV/AIDS prevention, emphasizing the need for awareness and dismantling associated stigma. The World AIDS Day observed at Sree Krishna College Guruvayur was deemed successful, dispelling myths and motivating the public to adopt preventive measures. Through such endeavors, NSS and RRC volunteers, including myself, persist in creating awareness about HIV/AIDS and actively contributing to its prevention.

നെഡ് റിബൺ നാളി നടത്തൽ

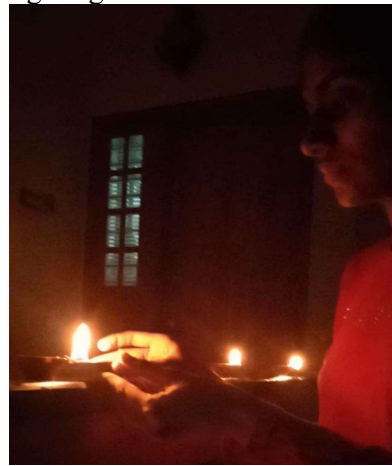


എസ്.ടി.വി. രോഗാണുബാധയ്ക്ക് തടയൽ രാജ്യം നൽകാൻ സർക്കാർ അഭ്യർത്ഥിക്കുന്നു. ഏകദേശം 36 ലക്ഷം പേർക്ക് ഏകദേശം 100,000 കോടി രൂപയുടെ ചെലവിലാണ് ഇതിനുള്ള പദ്ധതികൾ തയ്യാറാക്കിയിട്ടുള്ളത്. ഏകദേശം 100,000 കോടി രൂപയുടെ ചെലവിലാണ് ഇതിനുള്ള പദ്ധതികൾ തയ്യാറാക്കിയിട്ടുള്ളത്. ഏകദേശം 100,000 കോടി രൂപയുടെ ചെലവിലാണ് ഇതിനുള്ള പദ്ധതികൾ തയ്യാറാക്കിയിട്ടുള്ളത്.

9. ANTI- NARCOTIC AWARENESS PROGRAMMES

Deepajwala

As an NSS volunteer and coordinator, I orchestrated the "Deepajwala" event on October 24, 2022, during Diwali. In this meaningful initiative, NSS volunteers came together to illuminate lamps, symbolizing a powerful message against drug abuse. Despite its simplicity, the event aimed to spread awareness and foster a collective commitment to preventing drug abuse nationwide.



State Level Anti-Drug Campaign:

State Level Anti-Drug Campaign was inaugurated by Hon'ble Chief Minister, Pinarayi Vijayan at Sree Kerala Varma College, Thrissur on 6 October 2022. As a part of this ceremony, 13 NSS Volunteers of SKC, Guruvayur. A Signature Campaign was held and everyone, including Dr. Soni T.L, wrote quotes related to the campaign on a white cloth and marked with their signatures. Then, NSS Volunteers ran nearly 4km from Sree Kerala varma College to

Swaraj Round. Then, volunteers returned back to their own campus following the conclusion of the event.



aimed to inspire fellow volunteers and students to embrace a culture of cleanliness and environmental responsibility.



Human Wall (Human Chain):

Uniting Against Drug Abuse: The Human Wall program, executed on November 1, 2022, brought together individuals pledging against drug abuse, symbolizing the community's commitment to fight this menace.



10. SWACHH BHARAT ACTIVITIES

Campus Cleaning

I made a significant impact during the January 14 event. On this day, I spearheaded the initiative to clean the campus premises, actively contributing to the cleanliness drive. Notably, I focused on collecting plastic pens and other non-biodegradable items, aligning with environmental sustainability goals.

My dedication to the cause extended beyond routine participation; I demonstrated a commitment to fostering a cleaner and greener environment within our college campus. This hands-on involvement not only showcased my active contribution but also underlined the essence of NSS values. Through this initiative, I

Cleaning Programme

Actively participating in various cleaning programs within the campus and neighboring villages, I am thrilled to highlight the notable achievements of our college's Clean India Programme throughout the academic year 2022-2023. My dedicated involvement in cleaning initiatives, both on campus and in the villages, underscores my commitment to promoting cleanliness and a healthier environment.

The collective endeavors within the Clean India Programme have proven highly successful, elevating hygiene standards within our college and the surrounding areas. Through focused cleaning campaigns, we have positively impacted the overall cleanliness and visual appeal of our campus and the involved villages.

Engaging in these cleaning programs has not only reinforced my sense of responsibility but has also deepened my understanding of the significance of cleanliness in community development. I am convinced that such initiatives play a vital role in advancing a clean and sustainable environment, aligning with NSS principles and the broader goals of the Clean India Programme.

In conclusion, my active participation in the cleaning programs, particularly during the Clean India Programme, has been a fulfilling and influential journey. I am confident that our combined efforts have significantly contributed

to cultivating a cleaner and more vibrant college campus and neighboring villages, ultimately making a positive impact on the lives of the community members.

In my capacity as an NSS volunteer and coordinator, I am thrilled to share the impactful initiative undertaken on August 25, 2022, by the NSS volunteers of Sree Krishna College, Guruvayur (Unit 190 & 191). Collaborating with Mercy Cops and with the cooperation of NCC members, we orchestrated a comprehensive cleanup of the garden housing Mango trees, concurrently making space for the plantation of new saplings.

Plastic Free Campus

The day commenced with the benevolent contribution of old dresses collected from students, graciously handed over to Mercy Cops by Dr. M.K Harinarayan (Principal), Haridayal (Head of Physical Education), Capt. Rajesh Madhavan, and Sudharshan (SP). Following this, at 10:40 a.m, volunteers, organized into groups, embarked on a mission to clear plastic waste from specific areas of the campus. The event, a collaborative effort, concluded by noon.



As the coordinator, witnessing the collective dedication of volunteers towards environmental stewardship was immensely gratifying. The cleanup not only addressed the immediate need for waste removal but also served as an educational platform for volunteers to comprehend the extent of plastic disposal in less visible areas. The experience heightened awareness about the environmental repercussions of neglect and the importance of sustained efforts in waste management.

Mega Cleaning Programme

In my role as an NSS volunteer and coordinator, I am delighted to present the impactful Mega Coastal Cleaning Drive organized by NSS units 190 & 191 of Sree Krishna College, Guruvayur. The initiative took place at Mathilakam Beach and saw the enthusiastic participation of 40 dedicated volunteers.

The Coastal Clean Up Drive, a testament to our commitment to environmental stewardship, was a collaborative effort to address the pressing issue of plastic pollution along our coastal areas. As the coordinator of this significant program, my role involved organizing and mobilizing volunteers to actively engage in the cleanup process.

On the day of the event, the volunteers exhibited remarkable dedication, and together we successfully collected a substantial amount of plastic waste, totaling 100 kilograms. This hands-on experience provided valuable insights into the magnitude of the environmental challenges we face, particularly the impact of plastic pollution on our coastal ecosystems.



The Coastal Cleaning Drive not only contributed to the immediate improvement of Mathilakam Beach but also served as a platform for raising awareness about the importance of responsible waste disposal and environmental conservation. As an NSS volunteer, coordinating and participating in this initiative has been a gratifying experience, aligning with the NSS mission to instill a sense of responsibility and environmental consciousness among the youth.



October 1, 2022 - Clean India Campaign: Campus and NSS garden cleaning as part of the Clean India campaign.



May 3, 2022 - Scrap Challenge: A scrap challenge resulted in the collection of almost 40 kg of plastic waste.



October 15, 2022 - Campus Cleaning: Volunteers cleaned the college premises, emphasizing Swachh Bharat 2.0, collecting nearly 50 kg of plastic waste.



August 25, 2022 - Campus Cleaning with Mercy Cops: Volunteers associated with Mercy Cops cleaned the campus, highlighting the impact of plastic waste on the environment.



October 29, 2022 - Participatory Village Cleaning: A village cleaning campaign, inducting new volunteers and collecting 55 kg of plastic waste.



December 5-6, 2022 - Road Cleaning: NSS volunteers cleaned public roads at Ariyannur locality on International Volunteers' Day.



January 30, 2023 - National Cleanliness Day: Volunteers participated in a cleanliness drive on National Cleanliness Day, collecting 15 kg of plastic waste.



March 8, 2023 - Scrap Challenge: A scrap challenge resulted in the collection of plastic waste.



March 10, 2023 - Scrap Challenge: Another scrap challenge led to the collection of 20 kg of plastic waste.



March 15, 2023 - Thelima: Cleanliness Day observed with campus cleaning in association with the health department of Guruvayur Devaswom.



March 24, 2023 - Clean India 2.0: NSS Volunteers undertook a clean-up activity, collecting 25 kg of plastic waste.

Clean India Campaign 2.0: On October 4, The NSS Volunteers of Sree Krishna college Guruvayur gathered at elephant sanctuary Guruvayur and cleaned elephant sanctuary as a part of Clean India 2.0



Vidyanam Cleaning at Chavakkad: On November 11 2022, NSS Volunteers of Sree Krishna College Guruvayur cleaned up Vidyanam of Chavakkad Fisheries School in association with social forestry, department of Kerala. Social forestry officers gave directions to volunteers



Continuing the commitment to environmental cleanliness, another cleanup drive was organized on August 1, 2023. The volunteers actively participated, contributing to the promotion of a cleaner and healthier campus environment.

11. Conclusion

In conclusion, my journey as a dedicated National Service Scheme volunteer at Sree Krishna College has been a transformative and enriching experience. Throughout the academic years 2021-2022 and 2022-2023, I actively engaged in a spectrum of activities ranging from environmental initiatives to women empowerment, palliative care, anti-narcotic campaigns, and extensive cleaning endeavours. The recognition of my commitment and enthusiasm resulted in my promotion to the position of NSS Volunteer Secretary for Unit 190.

A highlight of my tenure includes successfully coordinating multiple programs, with a specific emphasis on environmental sustainability. Planting over 200 palmyra seeds in the coastal region showcased my dedication to ecological well-being. Additionally, my active involvement in Ashwas Tele home care activities and the coordination of a Two-Day Residential Camp underscored my commitment to diverse facets of community service.

Beyond tangible accomplishments, my role as NSS Volunteer Secretary significantly contributed to personal growth, fostering qualities such as discipline, bravery, coordination, organizational skills, and punctuality. This experience has deepened my understanding of societal issues and enhanced my ability to formulate effective solutions.

As an NSS volunteer, I take immense pride in being an integral part of nation-building. The nomination for the Best NSS Volunteer Award is a testament to my unwavering commitment, proactive participation, and transformative impact within the NSS community. I am confident that my journey reflects the essence of the organization's values and positively contributes to the overarching goal of nation-building through selfless service.

HARITHA MITTHRA PURASKARAM 2023

This certificate is presented to

Nandana Rajeev P

Volunteer Secretary of the National Service Scheme
Sree Krishna College Guruvayur

The award is presented in connection with World Environment Day 2023, in recognition of her commitment to environmental activities, notably the palmyra plantation in the coastal region of Chavakkad and the preserving Pachathuruth (Mini Forest) within the Sree Krishna College Campus. Her exemplary dedication and efforts in these initiatives have significantly contributed to the enhancement of the environmental landscape, aligning with the principles of the Haritha Mithra Puraskaram.



Misha Sebastian
District President



Date : 05/06/2023



Vishnu N M
District Secretary
Youth Wing





**KORAMBAYIL AHAMED HAJI MEMORIAL
UNITY WOMEN'S COLLEGE, MANJERI**

(P.O) Narukara, Malappuram Dt., Kerala 676 122

(Govt.-aided and Affiliated to University of Calicut)

[Nationally reaccredited by NAAC with 'B++' Grade CGPA 2.77]

PRINCIPAL
Prof. (Dr.) Muhammed
Basheer Ummathur

Phone: 0483 – 2977142 (Gen.)

Fax : 0483 – 2977143

Web: www.unitywomenscollege.in mail:info@unitywomenscollege.in

Ref: UWC-G3/NSS/76/2023-24

Date: 07-12-2023

Certificate of Appreciation

This certifies Nandana Rajeev P and Athul Nadh T, Volunteer Secretaries of the National Service Scheme (NSS) at Sree Krishna College Guruvayur, for showcasing exceptional dedication and leadership. They organized skill-based training during the NSS Seven-Day Special Camp hosted by Korambayil Ahamed Haji Memorial Unity Women's College, Manjeri, on December 26, 2022. This event provided valuable training to our NSS volunteers in Note Book Making, Paper Pen Making, Paper Bag Making, and Sanitary Lotion Making. Nandana Rajeev P and Athul Nadh T's passion and organizational skills significantly enriched the NSS Seven-Day Special Camp, leaving a lasting impact on all participants.



[Handwritten signature]
07/12/23

PRINCIPAL
Korambayil Ahamed Haji
Memorial Unity Women's
College, Manjeri



NATIONAL SERVICE SCHEME

(Unit No: KL 01-080(210))

NAJATH COLLEGE OF SCIENCE & TECHNOLOGY

Kannath, Tharish P.O., Karuvarakundu, Malappuram, 676 523

Phone: 04931 217 700, 097 47 217 700, Fax: 04931 280 786

Email: najathcollege@gmail.com, www.najathcst.com



IYAS P
PROGRAMME OFFICER

Cell : 07560 935 400
OFFICE: 04931 280 786

08-12-2023

Appreciation Certificate

This is to certify that Nandana Rajeev P and Athul Nadh T Volunteer Secretaries of National Service Scheme (NSS) of Sree Krishna College Guruvayur have demonstrated outstanding dedication and leadership as they undertook the responsibility of organizing and conducting skill-based training sessions during the NSS Seven-Day Special Camp held on 28.12.2022, hosted by Najath College of Science & Technology Karuvarakundu.

. Under their able leadership, our NSS volunteers were provided with valuable training in the following skills, Note Book Making, Paper Pen Making, Paper Bag Making, Sanitary Lotion Making.

Their passion, organizational skills, and the ability to inspire others have significantly enriched the NSS Seven-Day Special Camp, leaving a lasting impact on the participants. This certificate is a token of appreciation for their exceptional service and leadership in fostering a spirit of community service, skill development, and social responsibility.

Iyas P

NSS Programme Officer

PROGRAMME OFFICER

NSS Unit No. 210

Najath College of Science & Technology

Karuvarakundu

Dr. ABDUL JALEEL ODENGADAN
Principal
Najath College of Science & Technology
Karuvarakundu P.O. Tharish - 676 523

NATIONAL SERVICE SCHEME UNIVERSITY OF CALICUT



Orukkam VOLUNTEER LEADERSHIP CAMP



CERTIFICATE OF PARTICIPATION

This is to certify that **NANDANA RAJEEV P** of **Sree Krishna College, Guruvayur, Thrissur** has participated in “**Orukkam**“, Calicut University three day NSS Volunteer leadership camp from 9th to 11th December 2022 held at **MES Ponnani College, Ponnani.**

Calicut University
11.12.2022



Dr. SONI T L
Programme Coordinator



SUSTAINABLE FOOD FOREST FARMING

Registration No:PKD/CA/326/2019
4/463A, Sreekrishnapuram P.O., Palakkad Dt., Pin: 679 513
www.jaivorg.com

CERTIFICATE

This is to certify that Mr./Mrs. *Nandana Rajeev P. NSS Volunteer, S.K.C. Guruvayur*
has participated in the **Sustainable Food Forest Farming** workshop held at Sreekrishnapuram,
Palakkad on *16,17 Dec 2022*

[Signature]
Reji Joseph
President



[Signature]
Suryaprakash
Secretary



mmz

SCRIPT & DIRECTION | Dr. JOSE K. MANUEL
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VISUAL GRAPHY EDITING & SOUND DESIGN | SIBHAKKI
MUSIC | SOUVAS S. KUDIP
POSTAL ADDRESS | 112 EXTENT...

കൃഷ്ണപുരത്ത
ഷണക്കാടുകൾ

കൃഷ്ണപുരം കർഷകർഷണസംഘം കർഷകർഷണകേന്ദ്രം

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GOVERNMENT OF INDIA
MINISTRY OF
PARLIAMENTARY AFFAIRS

सत्यमेव जयते

75
Azadi Ka
Amrit Mahotsav

CERTIFICATE

OF PARTICIPATION

THIS CERTIFICATE IS PRESENTED TO

NANDANA RAJEEV P

for participating in the 'Online Quiz on the Constitution of India '

Dated : 27 November, 2022

Secretary
Ministry of Parliamentary Affairs
Government of India

75
आजादी का
अमृत महोत्सव

GOVERNMENT OF INDIA
MINISTRY OF
PARLIAMANTARY AFFAIRS

75
Azadi Ka
Amrit Mahotsav

PREAMBLE TO THE CONSTITUTION

PREAMBLE

WE, THE PEOPLE OF INDIA,
having solemnly resolved to constitute India
into a SOVEREIGN SOCIALIST SECULAR DEMOCRATIC
REPUBLIC and to secure to all its citizen:
JUSTICE, social, economic and political;
LIBERTY of thought, expression, belief, faith and worship;
EQUALITY of status and of opportunity;
and to promote among them all
FRATERNITY assuring the dignity of the individual and the unity
and integrity of the Nation;
IN OUR CONSTITUENT ASSEMBLY this twenty-sixth day of
November, 1949, do HEREBY ADOPT, ENACT AND GIVE TO
OURSELVES THIS CONSTITUTION.

I have read the Preamble.

Date: 27 Nov, 2022

NANDANA RAJEEV P
Name

पंजीकरण प्रमाणपत्र
Registration Certificate

Nandana Rajeev P

स्वच्छ सागर , सुरक्षित सागर अभियान में आपकी
सहभागिता के संकल्प के लिए आपका अभिनन्दन



स्वच्छ सागर, सुरक्षित सागर
Clean Coast, Safe Sea

We appreciate your resolve to volunteer
for Clean Coast, Safe Seas initiative

मेरी प्रतिज्ञा - एकल प्रयोग प्लास्टिक का निषेध
My pledge - No Single use plastic in my home



17 सितम्बर 2022

Mathilakam

Bajana kadavu

Organization : National Service Scheme (NSS)

Team size : 41



75

सौ किलोमीटर

Hundred kilometers Long Coastline

समुद्री तट

Beaches

जिले

Districts

स्वेच्छाकर्मी प्रति किलोमीटर

Volunteers per Kilometer

वर्ष स्वतंत्रता के

Years of Indian Independence



Ministry of Environment,
Forest and Climate Change



पर्यावरण
संरक्षण

Our Programmes in NSS RD's Official Page

@ RD_NSS TRIVANDRUM ... · 23 Jan 21
#ParakramDivas #ParakramDiwas
 Martial Arts Performance by Mr. Anandh K.P NSS Volunteer of Sreekrishna College, Guruvayur, Thrissur, Kerala State on 125th Birthday of Netaji Subhash Chandra Bose.

CELEBRATING 125th BIRTH ANNIVERSARY OF SUBASH CHANDRA BOSE
 |2021 JANUARY 23|

Martial Arts Performance (Kalarippayattu)

Anandh K P
 NSS Volunteer & Student of First Year BSC Chemistry

Welcome : Noha C Kishore (Volunteer, 101 Unit)
 Inauguration : Dr. M.Lovely (Principal)
 Vote of thanks : Krishna Pethambaran (Volunteer, 100 Unit)

SREE KRISHNA COLLEGE GURUVAYUR

India and 2 others

@ RD_NSS TRIVANDRUM ... · 15 Aug 21
#azadikaamritmahotsav #run4india Fit India Freedom Run by the NSS Volunteers of Sreekrishna College, Guruvayur Kerala State. @_NSSIndia @YASMinistry @ianuragthakur

5

@ RD_NSS TRIVANDRUM · 09 Oct 21
#Cleanindia NSS Volunteers of Sreekrishna College, Guruvayoor, Kerala State are involved in Campus Cleaning and plastic removal from the campus. @YASMinistry @_NSSIndia @ianuragthakur @NisithPramanik @pibyas

11 13

@ RD_NSS TRIVANDRUM · 09 Oct 21
#cleanindia Orientation about Clean India Campaign to the NSS Volunteers of Sreekrishna College, Guruvayoor, Kerala State. @YASMinistry @_NSSIndia @ianuragthakur @NisithPramanik @pibyas

10

@ RD_NSS TRIVANDRUM · 04 Aug 21
#Cheer4India #Tokyo2020 Ms. Kajwel.K.S, NSS Volunteer of SreeKrishna College, guruvayur, Kerala is cheering the Indian Team in Tokyo Olympics. @YASMinistry @_NSSIndia @pibyas @ianuragthakur @NisithPramanik

3 5

@ RD_NSS TRIVANDRUM ... · 23 Jan 21
#ParakramDiwas Anand KP, an NSS volunteer of Sreekrishna College, Kerala State then performed Kalaripayat, a martial art form of Kerala which inspired Netaji.

2 5

@ RD_NSS TRIVANDRUM · 04 Aug
#Cheer4India #Tokyo2020, NSS Volunteer Ms. Shyma Rahman of Sree Krishna College, Guruvayur, Kerala, cheering the Indian Team in Tokyo Olympics. @YASMinistry @_NSSIndia @NisithPramanik @ianuragthakur

2 3

Falgship Programmes of NSS SKC



"NOT ME, BUT YOU"

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75
Azadi Ka
Amrit Mahotsav